

Tolprist D

**Tolperisone (150 mg) + Diclofenac (50 mg)
Tablet**

**5. Post-surgical pain and post-traumatic
pain**

Description:

Tolperisone (150 mg) + Diclofenac (50 mg) tablet is a combination medication used to manage pain and muscle spasms associated with musculoskeletal conditions. The combination of Tolperisone, a muscle relaxant, and Diclofenac, a nonsteroidal anti-inflammatory drug (NSAID), offers both muscle-relaxing and pain-relieving effects.

Composition:

Each tablet contains:

- **Tolperisone: 150 mg**
 - **Diclofenac: 50 mg**
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Indications:

Tolperisone 150 mg + Diclofenac 50 mg tablet is indicated for the treatment of:

- 1. Muscle spasms and musculoskeletal pain associated with conditions such as:**
 - **Cervical spondylosis, lumbar spondylosis, and degenerative spinal disorders**
 - **Muscle strains, sprains, and soft tissue injuries**
- 2. Acute low back pain**
- 3. Osteoarthritis and rheumatoid arthritis (to relieve pain and stiffness)**
- 4. Fibromyalgia and other chronic musculoskeletal conditions involving muscle spasm and pain**

Mechanism of Action:

- **Tolperisone:**
Tolperisone is a central muscle relaxant. It works by inhibiting the spinal reflex arcs, which reduces muscle tone and alleviates muscle spasms. Tolperisone may also influence neurotransmitter activity in the central nervous system, contributing to muscle relaxation without significant sedative effects.
 - **Diclofenac:**
Diclofenac is a nonsteroidal anti-inflammatory drug (NSAID). It works by inhibiting cyclooxygenase (COX) enzymes, which are involved in the production of prostaglandins, chemicals responsible for inflammation, pain, and fever.
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Dosage and Administration:

- **For Adult Patients:**
 - **The dose may be adjusted based on the severity of symptoms and the patient's medical condition.**
 - **For Elderly Patients:**
Elderly individuals may be more susceptible to the side effects of Diclofenac (e.g., gastrointestinal irritation or kidney problems).
 - **Administration:**
 - **Take the tablet orally, with a glass of water, preferably after meals to reduce the risk of stomach upset.**
 - **Do not crush or chew the tablet.**
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Side Effects:

Common side effects of Tolperisone + Diclofenac tablet may include:

1. Tolperisone-related side effects:

- Dizziness, drowsiness, or headache
- Nausea or upset stomach
- Fatigue or tiredness
- Skin rash or itching

2. Diclofenac-related side effects:

- Gastrointestinal symptoms such as nausea, vomiting, gastritis, indigestion, or stomach pain
- Diarrhea or constipation
- Headache
- Dizziness
- Increased blood pressure
- Edema (fluid retention)

3. Serious side effects (rare):

- Gastrointestinal bleeding, ulcers, or perforation (especially with long-term use of NSAIDs like Diclofenac)
- Severe allergic reactions (e.g., rash, swelling, difficulty breathing)
- Liver toxicity (yellowing of skin or eyes, dark urine)
- Kidney problems, including reduced urine output or swelling of the legs
- Heart problems, such as chest pain, palpitations, or shortness of breath

Precautions:

- **Gastrointestinal Concerns:**
Use with caution in patients with a history of gastric ulcers, gastrointestinal bleeding, or gastritis. Long-term use of Diclofenac may increase the risk of these conditions. A proton pump inhibitor (PPI) or other medications may be considered for gastroprotection if used long-term.
- **Pregnancy and Breastfeeding:**

- **Pregnancy Category C (for Diclofenac):** Diclofenac should be avoided during pregnancy, particularly during the third trimester, as it may cause harm to the fetus. It should only be used if absolutely necessary and after a careful assessment of the benefits and risks.
- **Breastfeeding:** Both Tolperisone and Diclofenac are excreted in breast milk in small amounts. Use with caution while breastfeeding, and consult a healthcare provider.
- **Elderly Patients:**
Older adults may be more vulnerable to the side effects of Diclofenac, including gastrointestinal bleeding, kidney issues, and cardiovascular effects. Use the lowest effective dose for the shortest duration.

Storage:

- Store at room temperature (15°C to 30°C), in a dry place.
- Protect from moisture and direct sunlight.
- Keep out of reach of children.

Note: Tolperisone 150 mg + Diclofenac 50 mg tablet should be used as part of a comprehensive treatment plan that includes proper rest, physical therapy, and lifestyle adjustments.

Manufactured in India for:

CafoliTM
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Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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